

FACILITATOR TRAINING

One-Year Family and Systemic Constellation Professional and Personal Development

OVERVIEW

This course is aimed at allied health professionals that would like to offer Family and Systemic Constellations in order to heal, restore and transform their client's lives.

WHAT IS INVOLVED?

Our facilitator course runs over 12 months and includes in-person training and practice, online learning and support and personal development. The course is split into four semesters, covering different aspects of constellation work through online content, which is then expanded on and practiced during the face-to-face trainings.

This certification includes:

- **In-Person Training** - 4 x 3-days face-to-face group training (88+ hours) to integrate theory and practice facilitation
- **Theoretical Resources** - Videos, reading material and exercises to prepare for each training weekend (provided online)
- **Personal development** - 2 x Family Constellation Workshop participation as a client (Maleny, Gold Coast or Byron location)
- **Student support** - Monthly Zoom student tutorial + Q&A
- **Assessment** - Each semester will finish with a multiple choice quiz and your final assessment will be a video demonstrating your facilitation skills
- **Follow up** - You will receive a check-in and supervision session within 3-months of course completion



AT A GLANCE

TRAINING WEEKEND DATES

Semester 1 - October 27-29, 2023

Semester 2 - February 2-4, 2024

Semester 3 - May 24-26, 2024

Semester 4 - August 2-4, 2024

LOCATION

Training Weekends: Maleny, QLD

PD Constellation Workshops:

Maleny or Gold Coast, QLD

Mullumbimby, NSW

COST

Pay-In-Full Option

Early Bird (until Oct 1): \$4800

Full Price: \$5500

Payment Plan Option

Early Bird (until Oct 1):

\$500 non-refundable deposit +

12 x \$380 monthly payments

Full Price:

\$500 non-refundable deposit +

12 x \$440 monthly repayments

SEMESTER OVERVIEW

Semester 1 - Introduction

- Introduction to Family Constellations
- Basic theory and considerations
- 1:1 vs group dynamics
- Understanding and practicing representation

Semester 2 - Building Foundations

- Traditional constellation structure
- Genograms, heavy fates & orders of love
- Incorporating relevant history and culture
- Exploring family of origin

Semester 3 - Creative Applications

- New perspectives
- Patchwork families
- Abstract constellations (money, illness, ritual, nature)
- Working 1:1

Semester 4 - Becoming a Facilitator

- Facilitator self-care
- Scope of practice
- Trauma informed facilitation
- Finding your unique facilitation style
- Meeting your potential

WHY JOIN?

1. In-depth Theoretical and Practical Learning

Completing this facilitator course will leave you feeling competent and confident to offer this modality. This course will not only cover theory but also focus on practical applications and experience.

2. Community

Learning together with other like-minded people, will help you build connections and find support throughout this training. Our aim is to create an inclusive and safe environment for both professional and personal growth.

3. Experienced Facilitators

Our team are all qualified psychotherapists as well as constellation facilitators. With more than 65 years of combined experience in the field, we look forward to guiding you to become a trauma-informed, conscientious and effective facilitator.

MEET OUR TEAM



MARGARETE KOENNING

BA Social Work
Gestalt Therapist
PACFA Supervisor

As a trainer and facilitator of Family & Systemic Constellations and Gestalt Therapy, Margarete is known and loved for her healing heart, her deep authentic contact, attention to phenomenology and inclusion of healing rituals. As a PACFA Supervisor and Senior Gestalt Therapist with a BA in Social Work, she draws on her 40+ years of experience, knowledge and wisdom. She is greatly respected in the International Constellation Community and is passionate about teaching constellation facilitation, which she has been doing for over 25 years now.



MELANIE ENDERS

BA Psychological Science
Grad. Dip. Gestalt Therapy

With over 15 years of experience in working with Family Constellations, Mel is still as passionate about this modality today as she was when she first started out with this work. After learning from multiple teachers and completing further study, Mel has developed her own unique approach to constellations, which addresses deeply engrained cultural and family dynamics, voices important truths and helps participants to reconnect with their ancestral strength.



ANTONIA KERSTING

BA Counselling

Antonia first participated in an open constellation workshop when she was 14 years old and was immediately enamoured with this modality. After being a regular workshop participant for almost a decade, both in Germany and Australia, Antonia became a facilitator in 2018. Since then, she has been developing her unique facilitation style, combining constellations with rites of passage and somatic work.

WOULD YOU LIKE TO JOIN US?

Contact us today at systemicconstellationacademy@outlook.com